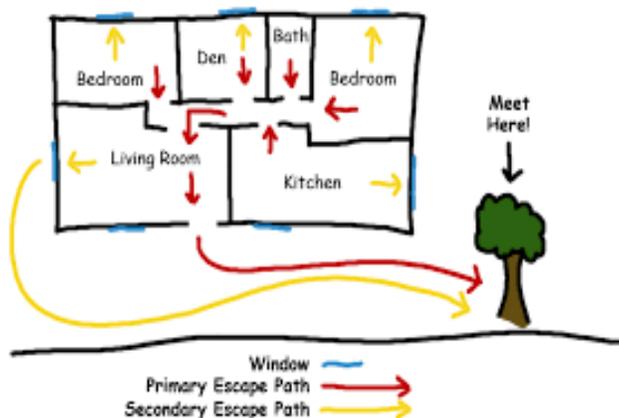


National Preparedness Month

Taking simple steps today to prepare for tomorrow's emergencies will help protect you and your family should disaster strike.

The Timber Mesa Fire and Medical District encourages all residents to take part this September in National Preparedness Month by putting together an emergency supply kit, creating and practicing a family emergency plan and getting information about the types of emergencies you may face in your community and what the appropriate responses are to those emergencies. Below are some helpful tips to get you started.



- **Create a family emergency plan** that includes two exits out of each room in your home. Designate an outside meeting place that is away from any danger.
- **Develop a Communication Plan:** It's often easier to make a long-distance call after a disaster, so identify an out-of area contact who will serve as a central connection point. Have everyone report his or her status to this contact who will pass all the information along to others. Let your out-of-area contact know your communication plan. For a smaller event, like a home fire, keep local emergency contacts on hand.

- **Decide Where to Meet After a Disaster:** Choose a place near home in case of a sudden emergency, such as a house fire. Choose a second place outside of your neighborhood in case you can't return home. Also know the evacuation sites at work and school or day care.
- **Determine Escape Routes:** Find two ways out of each room in your home and know your neighborhood evacuation routes.

For more information on preparedness, please visit our website at www.timbermesafire.org

